

## **KSS Surgeons Research Collaborative Meeting**

**HEKSS School of Surgery  
Room 25, Stewart House, Russell Square  
Friday 26th Apr 2019  
19:30-20:30**

### **MINUTES**

#### **1. Welcome and introductions**

In attendance:

Sophie Allen  
Matt Dunstan  
Pasha Nisar  
Eirini Martinou  
Sophie Williams  
Noor Obeid  
Marcos Kostalas  
Helen Dent  
Stacy Wardle  
Victoria Pegna

Apologies:

Will Hawkins  
Andy Currie  
Liam Poynter  
Chris Limb  
Rachita Mallya  
Karina Baxter  
Aphiwat Luangsomboon  
Faddy Kamal  
Majd Rawashdeh

New members welcomed. First meeting where multiple members attended via Google Hangouts.

#### **2. Review of minutes from November 2018 meeting**

Addressed and new project ideas noted.

To find out outcome of RICHOCHET study (VP)

To find out outcome of multicentre Breast study – See below

#### **3. Review of 2018 projects and dissemination**

**Breast Cancer in the Elderly: An audit of management** (Lorna Cook)

Complete data obtained from Guildford, Worthing, Chichester, Margate, and Ashford and St Peters, with approximately 70-80 patients per site.

Presented as poster at ABS conference 2018. Still aiming for publication. Lorna Cook to keep Collaborative updated.

**ELF (Emergency Laparotomy in the Frail Patient):**

Led by NW trainee Kat Parmar. National prospective audit of outcomes in over 65s undergoing emergency laparotomy (>50 centres).

Contributing from KSS: Guildford, (MTW, Croydon?)

It was noted that several multi-centre studies have been conducted. Outputs have been presented at national conferences but there have been no publications to date. The need for input and support from consultants/experts in the field of research to help drive the collaborative forward is recognised. The role of TPD for West KSS has been taken over by Mr Will Hawkins. Mr Hawkins has spoken with Upper GI colleague Mr Chris Pring who is an Associate Professor at Surrey University. At a Surrey Clinical Trials Unit (CTU) meeting scheduled for the near future Mr Pring will ask whether the CTU are in a position to work with the collaborative to help develop trials, write protocols and apply for funding etc. Also is the thought that it would be good to join projects identified at the National Research Collaborative Meeting (NRCM) as many are NIHR funded and therefore have a realistic chance of publication.

The following consultants have been identified at the meeting as those who may have an interest in supporting the work of the collaborative:

Will Hawkins – West KSS TPD and UGI consultant Chichester

Chris Pring – Associate Professor at Surrey University and UGI consultant Chichester

Pasha Nisar – Consultant Lead KSS Research Collaborative and colorectal consultant ASPH

Greg Thomas – Colorectal consultant ASPH

Liz Clayton – Breast consultant Royal Surrey

Lorna Cook – Former Collaborative committee member and Locum breast consultant Maidstone

Also:

?David Gerrard – Outgoing West KSS General Surgery TPD / ongoing Vascular TPD and vascular consultant Frimley (SA/MD to approach)

?Tim Rockall – Director of the MATTU and colorectal consultant Royal Surrey (SA/MD)

?Goldie Khera – UGI consultant Brighton (VP/SA/MD)

?Ralph Smith – Former Chair of the KSS Research Collaborative and colorectal consultant Frimley (SA/MD)

Sarah Hare – Consultant anaesthetist Medway (keen interest in surgical trainees and NELA) (S Williams)

?Neil Kukreja – Colorectal consultant Medway (S Williams)

?Prof Wegstapel – Medway and Prof at Kent and Canterbury University (S Williams)

#### **4. National Research Collaborative Meeting December 2018 update**

NRCM attended by MD. All trials with ongoing recruitment identified and discussed.

#### **5. Potential projects**

##### **SUNFLOWER**

MRCP and lap chole vs lap chole alone.

Discussed potential pitfall of consultants having personal preference for imaging/OTC etc.

S Wardle/SA/MD to discuss with Will Hawkins. MK to discuss with Kumaran at ASPH.

##### **PICO**

**Lead:** Greg Thomas and NO ASPH

Stoma reversal site: PICO vs packing (vs leave open? vs primary closure?)

**Outcomes:** Time to wound closure; Input from practice/district nurse (eg how many visits); Rate of wound infection; Financial implications; Patient/surgeon/nurse acceptability (questionnaire).

**Potential pitfalls:** Practice/district nurse education – provide leaflet; Obtaining ethical approval for RCT– some R&D departments may be more lenient than others eg ASPH vs Royal Surrey; Cost – approx. £126.88-£145.68 plus VAT for pack of 2. So far PICO company rep not interested in providing dressings for pilot study.

##### **Plan going forward:**

To work out which hospitals currently stock PICO dressings (for any use) – ASPH, Royal Surrey, Worthing, St Richards, Frimley, (not ESH). Which East KSS hospitals? (S Williams to investigate).

Need to look into funding opportunities eg RCS/Pelican/BDRF etc and to check RSM website (NO/MD/SA).

Write protocol for pilot (NO/GT with help from MD/SA/PN). Need to power the study correctly – could use published PPAC trial?

NO has list of interested trainees. To send powerpoint of proposed study to these trainees.

To then be presented locally to determine which consultants would be happy to partake.

##### **SUNRISE**

Single Use Negative pResure dressing for Reduction In Surgical site infection following Emergency laparotomy.

**Summary:** An NIHR funded national, multi-centre randomised controlled trial run by the North West Research Collaborative and the West Midlands Research Collaborative.

This is a national, multi-centre randomised controlled trial which aims to determine whether there is difference in wound infection rates in patients who receive portable single-use negative pressure dressings (SUNPD) compared to standard dressings. Secondary outcomes include whether there is any difference in the length of hospital stay, use of antibiotics, and total length of medical intervention between those patients who did and did not receive the negative pressure dressing, patient acceptability of the dressings, total intervention cost.

**Current progress:** SUNRRISE is currently open to recruitment at the QE Hospital Birmingham, Royal Bolton NHS FT, Wythenshawe Hospital Manchester and Stepping Hill

Hospital Stockport. They are interested in hearing from any UK sites who would like to participate. [SUNRRISE@trials.bham.ac.uk](mailto:SUNRRISE@trials.bham.ac.uk)

**Plan going forward:** Will Hawkins has discussed with his colleagues locally and has emailed the trial lead. Do they require any further centres or not? Noted that some centres, eg St Richards, tend to use VAC dressing routinely after emergency laparotomy so randomising a closed wound with faecal peritonitis may prove unpopular amongst consultants. SA/MD to discuss with WH.

### **ORCHiD**

Outcomes following Radiological or laparoscopic lavage for Hinchey Diverticulitis

**Null hypothesis:** Having a Hinchey 1,2,3,4 complicated diverticulitis does not put you at any more increased risk of recurrent complicated diverticulitis or resection or percutaneous drainage.

**Design:** Retrospective audit. Identify all patients with acute diverticulitis from beginning of January 2012 to end December 2016 – via clinical coding ICD.

**Outcome measures:** Type of treatment. Do they go on to have resection? Correlation between demographics/history and resection.

**Going forward:** DAMASCUS trial currently being set up elsewhere. There is a consensus that we should wait until DAMASCUS opens and join that.

### **TIMING OG GASTROGRAFFIN USE IN SMALL BOWEL OBSTRUCTION**

To give gastrograffin after 24 hours admission in SBO?

**Plan going forward:** To check outcomes of NASBO to determine if this project would be worth pursuing. (HD).

### **BREAST PROJECTS**

**Collaborative member breast trainees:** Noor Obeid, Helen Dent, Stacy Wardle. Will each look at breast projects identified at NRCM to see if any would be of interest to the collaborative. For example:

**Pre-Bra:** HD to discuss with Frimley consultants; NO to discuss with Manish Kothari and Sally Tucker (ASPH trainee); Nadia Gilani/Liz Clayton at Royal Surrey?; Lorna Cook at Maidstone?

### **VASCULAR**

Majd Rawashdeh (ASPH trainee) keen to identify vascular project. David Gerrard as vascular lead for collaborative?

## **6. Summer Prize Day**

21<sup>st</sup> June 2019.

Abstract deadline 31<sup>st</sup> May.

Large monetary prizes and two named prizes for CV.

Details can be accessed at [www.ksssurgicalsymposium.com](http://www.ksssurgicalsymposium.com)

Invitation letters sent to KSS consultants (LP/SA)

There will be a slot for the collaborative to present ongoing projects/register trainee interest.

**7. Future meeting**

21<sup>st</sup> June 2019 following on from Prize Day Maidstone

**8. AOB**

No